# Designed to Relieve Pelvic Discomfort

WAVE is an innovative solution that fits seamlessly into your life, offering soothing relief exactly when and where you need it.

# **Quick Start**

#### Prepare WAVE:

Wash with warm water and soap; dry with a soft cloth.

#### Insert battery Fig. 1

Pry open the battery cap, insert the battery, then close securely.

#### Device Insertion Fig. 2

Insert the metal tip until it is located near the cervix.

#### Activate

Press On/Off Button to start. Press and hold the same button for 2 seconds to stop.

#### User Treatment Time

Should be 60-90 minutes but may go longer if needed. WAVE is an FDA Listed medical device indicated to relieve pelvic pain associated with sexual dysfunction. WAVE uses low frequency (I42 hz) vibration therapy and is powered by a LR44 battery, which pose no harm to the user when used according to the instructions. WAVE is intended solely for internal placement in the vaginal canal and should not be inserted into any other bodily orfice. This device requires the intimate knowledge of one's own body. If you are unsure about any of the instructions listed, contact us or a health care professional. Wash your hands before and after usage and be gentle when inserting / removing WAVE. Stop using WAVE and seek immediate medical attention if you experience any of the following; Excessive pain, more than usual heavy bleeding, or any signs of a Urinary Tract Infection (UTI). Consult your Gynecologist before using WAVE if you have any medical conditions such as Fibroids, or Endometriosis, or have recently had surgery. Anyone using an IUD should consult with a Gynecologist for proper instructions

Compact, Discreet, Reusable

#### Key Features:

Material: Biocompatible, hypoallergenic and water resistant design

Power Source: 1 LR44 battery (60-90 minutes of use)

Operation: Blue On/Off Button with a two second delay

Vibration: Low-frequency therapeutic vibration

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# **User Guide**

#### On/Off Button

For easy activation. Press blue On/Off button once to turn unit on. Press and Hold for two seconds to turn unit Off / Pause.



For precise insertion and safe removal.

#### FlexStem™

FlexStem™ Technology ensures maximum comfort and precise placement, it adapts perfectly to your body.

# Stainless Steel Tip

WAVE features a medical grade stainless-steel capsule, to deliver gentle, targeted vibrations to the cervix.

#### Before Treatment:

# 1. Prepare WAVE:

Wash WAVE with warm water and mild soap, then dry thoroughly with a soft cloth or paper towel.

Insert a new LR44 battery. Gently pry open the battery cap. Place the battery inside with the "+" side up, then close the cap securely.(Fig. 1)

### **During Treatment:**

### 2. Device Insertion:

Insert the metal tip end of WAVE into your vagina positioning the metal tip close to your cervix. Finger Grip must remain outside. (Fig. 2)

A lubricant may be used if desired.

# 3. Activation:

After inserting WAVE, press the On/Off Button to start the gentle vibration.

# 4. Duration:

# Treatment lasts between 60 and 90 minutes.

Wave may be paused by pressing and holding the On/Off Button for 2 seconds.



# Using During Menstruation:

## **Bleeding Control:**

You can use a pad or period underwear. A tampon may be used but only after inserting WAVE.

Do not use menstrual cups, discs, or polyester foam products.

#### After Treatment:

# 5. Cleaning:

Wash the device with warm water and mild soap. Use a small brush if needed. Dry with a clean cloth or use a paper towel.

# 6. Battery Safety:

After cleaning and drying, remove the battery and properly dispose of it as per local regulations. Wipe the battery cavity dry if necessary.

### 7. Storage:

Once completely dried, store WAVE flat in the provided box or bag without the battery inside.

